



## How nature nurtures creativity!

**Our children's programs: Day-Camps, Fishing with the Wizard, After School Programs, Family Fun Days, and more are all designed to reconnect our participants with nature through science, art, exercise and more. Below are a few areas we focus on. These are just examples of some of the thing we do, but each camp or gathering changes according to the likes and dislikes of the group.**

<b>Exercise</b>	Exercise in nature is an integral part of all our programming (children and adults). Each day we will have one or two long walks in nature. During these walks we learn to work together as a team, be observant, learn about the nature that surrounds us and being mindful and more.
<b>Art</b>	Nature nurture's creativity and we learn creativity in nature. We use natural materials to create arts and crafts. Also we create rubbings of natural materials, plants, etc. We observe naturally occurring patterns and more.
<b>Writing</b>	Every day we journal! We write about what we see, what types of plant life we identify, what type of birds we here and see. We write about water and what lives in it, we write about the trees and how they live and communicate with each other.
<b>Science</b>	During our walks and other activities we discuss how things work. We don't make this like a class, but we learn by example and doing. The children don't even know they are learning something that would be difficult to learn in a classroom.
<b>Conservancy</b>	Throughout our programs we talk about respecting and caring for nature. We discuss being gentle to the earth and all the plants. We pick up garbage if/when we find it and dispose of it properly. We also up-cycle items during our activities.
<b>Activities and crafts</b>	We may include the following activities: walking stick decorating, terrariums, story telling, journalling, drawing, painting, making masks, creating a musical/ play, playing games (camouflage, home-made tick-tack-toe, etc.), pencil making, musical instruments, fort architecture, natural sculptures, hand-made boat races, human sundials, fishing, catch and release and more.
<b>Other</b>	Other activities include cooking over an open fire and s'mores.